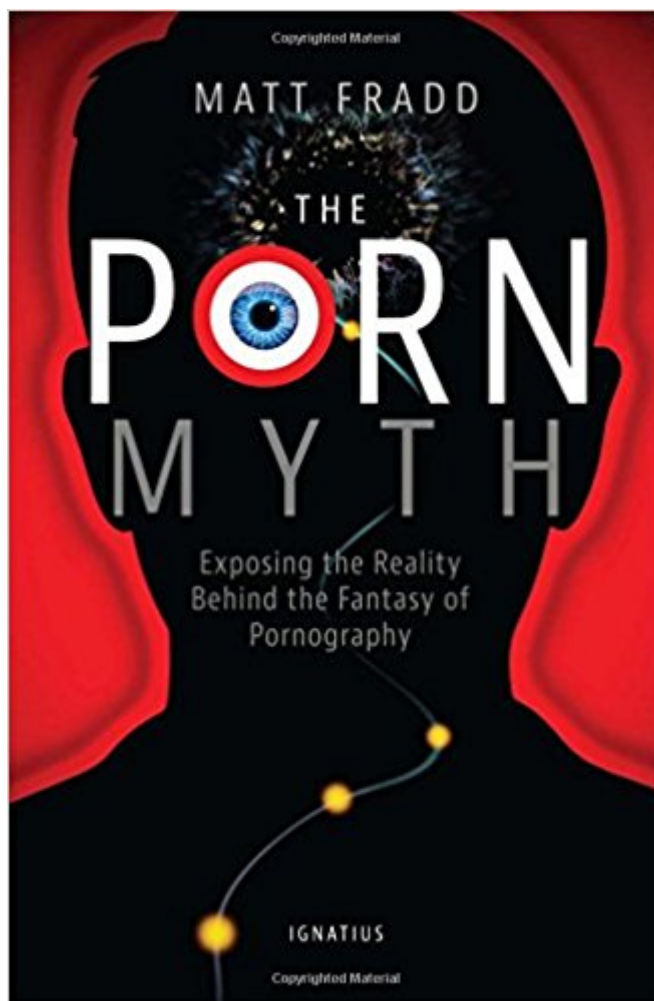


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The Porn Myth: Exposing The Reality Behind The Fantasy Of Pornography



Synopsis

The Porn Myth is a non-religious response to the commonly held belief that pornography is a harmless or even beneficial pastime. Author Matt Fradd draws on the experience of porn performers and users, and the expertise of neurologists, sociologists, and psychologists to demonstrate that pornography is destructive to individuals, relationships, and society. He provides insightful arguments, supported by the latest scientific research, to discredit the fanciful claims used to defend and promote pornography. This book explains the neurological reasons porn is addictive, helps individuals learn how to be free of porn, and offers real help to the parents and the spouses of porn users. Because recent research on pornography's harmful effects on the brain validates the experiences of countless porn users, there is a growing wave of passionate individuals trying to change the pro-porn cultural norm by inspiring others to pursue real love and to avoid its hollow counterfeit. Matt Fradd and this book are part of that movement, which is aiding the many men and women who are seeking a love untainted by warped perceptions of intimacy and rejecting the influence of porn in their lives. "I love how Matt has put the decision of whether porn is empowering to women squarely in the reader's hands, by providing an unbiased view of relevant information from multiple sources." -- Crissy Moran, Former Porn Performer "More than a book, The Porn Myth is an invitation a timely and clear invitation to love more purely, connect with others more authentically, and experience joy more fully." -- Jill Manning, PhD, LMFT, Author, What's the Big Deal about Pornography: A Guide for the Internet Generation "One of the most compelling ways to engage the culture on pornography is to meet it on the field of scientific research with level-headed arguments. Matt Fradd does this, laying out a framework for exposing the negative impact of pornography and rethinking our passive consumption of digital sexuality." -- William Struthers, PhD, Author, Wired for Intimacy "Matt Fradd provides insightful arguments, with the latest research, on nearly every subject relevant to porn from the dangers of the porn industry to the negative effects porn has on the brain. He equips you to discuss the real harm of pornography and to dispel its myths." -- Dawn Hawkins, Vice President and Executive Director, National Center on Sexual Exploitation "You will want to obtain at least three copies of The Porn Myth one for you, one for your favorite minister or counselor, and one to keep on hand to give others." -- Ron DeHaas, Founder and CEO, Covenant Eyes

Book Information

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Customer Reviews

"The Porn Myth can help you to separate the myths from the facts about porn and to reclaim real love. It counters the falsehoods that have helped to spread porn addiction and sexual dysfunction, and inspires us to take action against them." --Clay Olsen, CEO and Cofounder, Fight the New Drug
"Matt Fradd does a great job of debunking the myth that porn is harmless and even healthy. For winning a debate or more importantly, a heart over the problem of porn, this book is indispensable." -- Jason Evert, Author, Pure Manhood

Matt Fradd is the founder and executive director of The Porn Effect, a website dedicated to exposing the reality behind the fantasy of porn and offering help. He speaks to about 50,000 people every year on the harmful effects of pornography and how to free from it. He is the author of several books, including *Delivered: True Stories of Men and Women Who Turned From Porn to Purity*.

Anticipate and hope Chinese version. Here in China, still lots of young people addicted in porn. They are confused anxious afraid. They don't know how to change themselves scientifically. There are not as much scientific information and research in China as in America. As one youth, I knew little about the nature of porn and masturbation before I read this book and other papers. Usually I learn about porn in a Chinese forum named 'jie se ba'. Some one think it is a religious heresy group as they feel porn or masturbation is nothing wrong with it. Yes, there may have some problem about our methods to get out of porn. For me, I usually got information from Chinese culture, books, yes they are not scientific. Ancient Chinese people did not know about cell molecule neuro and how a people work, but there are still some precious books and inspire you to think, as in this book, think about sex

not dream about sex, not look about sex. This is a great book. Finally, I will know how porn work, how porn influence us completely under these helpful books and researchs.

I'm halfway through this book and I'm already blown away by the amount of insight I've been able to gain into the problem of porn in today's culture. The book is a very easy read; the book is broad, the discussions are separated very logically, each chapter is readable for the passive or light reader based on specific topics. Matt Fradd does an excellent job of providing a comprehensive historical background of the porn industry, as well as solid research to back its effects (e.g., erectile dysfunction, relationship problems, physiological/neurological brain changes similar to drug addiction that result in the need for a more extreme "fix" (the list goes on). Therefore, I think this book is a good choice for both those starting out in their learning journey and those who are well-versed to have an empirically-strong reference in your book collection. This is a struggle too many young adults deal with today. Younger and younger our children are being introduced to, or discovering, the distorted sexuality being pushed by those only interested in making the buck. Have an Ipad? Does your child's best friend at school have a smart phone? Behold the dangers of technology. This book presents the issues and also provides solutions. As a parent I was particularly interested in protecting my children from the problems porn forces us to face, and after sifting through the book I have been given a solid foundation that I believe will help me foster a healthy and realistic understanding of human sexuality. I have a close friend whose kids are in high school and college. His stories have emboldened me to seek out all of the help I can get; things like bestiality, sexual abuse/violence, and incest were mentioned. What should I do as a parent to save my child from this? In today's world we are limited on this sort of support. Doctors are still catching up to the issue. How can I protect my children from a culture that loses itself to the way society objectifies both sex and our sexuality? This book is a solid starting point. I feel more confident and prepared to raise my children in a world saturated by sex.

Bought for my teens and they find it relatable and filled with good information. Open the door to great discussions and continuing education.

Easy to read. Provides great insight into the porn problem. Speaks truth to lies.

Exposing the truth is desperately needed in this area. Anyone that watches porn on any kind of

regular basis, should read this book.

This book should be required reading for teachers, parents and students. Just the facts and they are scary!

I believe probably there ain't no other book around that can give you such a complete and scientifically supported picture of the effects of porn. A big plus is that the book structure is such that it goes straight to the facts without feeling all "in your face". This lets the book be incredibly short and at the same time dense in content.

Even if you're not plagued with a "pornography problem" you'll find this book to be a most interesting read. It is not a boring series of facts and figures, but a clear and calm explanation of the harmful effects of this scourge. Yes, Mr. Fradd takes a stand against pornography but is written in the tone of a close friend who's concerned for your welfare, and isn't judging you. There is much to learn by reading this book. Matt's non-preachy, conversational style makes this an easy book to read, and it certainly deserves to be read. Well done Mr. Fradd.

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